



west midlands  
ACADEMIC HEALTH SCIENCE NETWORK

# Person-centred care workshop

*in association with*

Arthritis  
Research UK

primary  
care  
centre



Keele  
University



## A pain app a day keeps the doctor away

Can healthcare smartphone apps make GPs' lives easier? A practical demonstration using the Pain Recorder

You're invited to a free, CPD accredited workshop that will bring you up to date with the new trend in patients using their mobile phones to help you understand their medical problems better. A panel of experts will engage with attendees through an interactive on-line experience to bring you up to speed on this new area of information technology.

The workshop will evaluate this new phenomenon from the perspective of:

**The general practitioner:** Dr John Bedson, a GP from Stoke-on-Trent and Senior Lecturer in General Practice at Keele University's Primary Care Sciences (PCS), will examine the evidence base for using mobile technology to help improve patient care

**The patient:** Mr Stephen Dent is an active member of PCS's Research User Group and was involved in the development of a Pain Experience Measuring Application—the Pain Recorder—which is currently being tested

**The software developer:** Dr David White is the director of his own software company and wrote the code for the Pain Recorder. He will give an insight on the use of apps within the 'Internet of Things', and how they will inevitably become integrated at all levels into our lives

**The researcher:** Danielle van der Windt is a Professor of Epidemiology at PCS and will assess how apps not only can help manage patients' conditions, but will also allow us to determine prognosis and response to treatment.

Bring your smartphone to get involved!

Date: 31 March 2016

Time: 12.30—4.30pm, including lunch

Venue: thestudio, 7 Cannon Street,  
Birmingham B2 5EP

This workshop is free to attend. Places are limited so secure your place quickly by contacting Emily Brayford on [e.c.brayford@keele.ac.uk](mailto:e.c.brayford@keele.ac.uk) or 01782 733905

To contact us and find out more:

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